



INDIAN SCHOOL AL WADI AL KABIR

PRE-MID TERM EXAMINATION 2025-26 COMMUNICATIVE ENGLISH

SET - 1

Class: IX
Date: 13.05.2025

Max. Marks:30
Time: 1hour

General Instructions:

- (i) The Question Paper contains FOUR sections-READING, GRAMMAR, WRITING, and LITERATURE.
- (ii) Attempt questions based on specific instructions for each part.
- (iii) This question paper comprises 5 questions. All questions are compulsory.

Section A: READING SKILLS (8 marks)

1. Read the following passage.

1. There are various beliefs in the society as to what should be eaten and what should not be eaten to keep healthy. If one has high blood pressure, one is told to cut down on or stop consuming sodium. A new study from Boston University reveals that low sodium does not actually cause low blood pressure. A little salt is part of a healthy food plan. The study has shown that the people with the lowest intake of sodium along with the ones who have the highest intake of sodium have a greater risk of heart disease than the people in the middle.
2. There is a theory that drinking milk in post infancy is unnatural. It is true that humans are the only species to drink milk as adults. Research shows that we have genetically evolved to adapt to it. Milk products actually play an important role in keeping us healthy. Dairy products are rich in whey, protein, linoleic acid and calcium.
3. Fat in general is not a bad thing. The community is still debating the benefits of saturated fats. The other types of fats taken in moderation are good for us. Plant-based fats such as mono-saturated fats found in foods like almonds, avocado and omega-3 fatty acids found in fish offer many health benefits. These fats may reduce inflammation and improve the quality of blood.
4. It may seem that diet products such as light salad dressing are healthier choices to eat but often, they are really not. Healthy food like this used to be popular, but many of these products remove the fat and replace it with added sugar. Large amounts of added sugar in the diet may be even more damaging to health than excessive dietary fat. A major study from CDC showed that people who consumed a lot of sugar were more than twice likely to die from heart disease. If you opt for a higher food, check the ingredients and food label to make sure that the fats have not been replaced with added sugar. We must study the reports of various researches before adopting any new mode of eating or food habit otherwise the result of the food plan may be opposite of what is expected.

On the basis of your reading of the above passage, answer the following:

i) The reason why we should consume dairy products, is:

- (a) they are rich in protein and calcium.
- (b) they are tasty and tempting.
- (c) they are good for heart.
- (d) they are not very expensive.

ii) Which type of people have a greater risk of disease?

- 1. People with no intake of salt.
- 2. People with the lowest intake of salt.
- 3. People with moderate intake of salt.
- 4. People with the highest intake of salt.
- 5. People who have multiple complications.

- (a) 1 and 3
- (b) 2 and 3
- (c) 4 and 5
- (d) 2 and 4

iii) Plant-based fats are good because they:

- (a) improve the quality of blood.
- (b) improve appetite.
- (c) strengthen mind and body.
- (d) improve heart beats.

iv) What does the first paragraph of the passage suggest?

v) The phrase 'added sugar' in the last paragraph refers to sugars added during the _____.

- (a) cooking of food.
- (b) eating of food.
- (c) processing of food.
- (d) production of sucrose.

vi) What is more damaging to health than excessive dietary fat?

- (a) A lot of added sugar in diet.

- (b) No sugar intake.
- (c) Eating saturated fat frequently.
- (d) No fat intake.

vii) What does the term 'Eating something in moderation' mean?

viii) Light salad dressing is not actually healthier as we think because _____

SECTION B: GRAMMAR (3 marks)

2. Complete **ANY THREE** of four of the following tasks, as directed. (1x3=3)

Fill in the blank by choosing the correct option to complete the sentence.

i) They had already _____ (arrive) when we _____ (reach) there.

- a) arrived/reached
- b) been arriving/ been reached
- c) arrive/ reaching
- d) arriving/ were reaching

ii) I _____ the magazine when you showed up at the door.

- a) read
- b) have been reading
- c) was reading
- d) had been reading

iii) The athletes run once the gun _____

- a) was fired
- b) will be fired
- c) is firing
- d) is fired

iv) We _____ this new assignment by coming Monday.

- a) Will have finished
- b) Will finished
- c) Have finished
- d) Finish

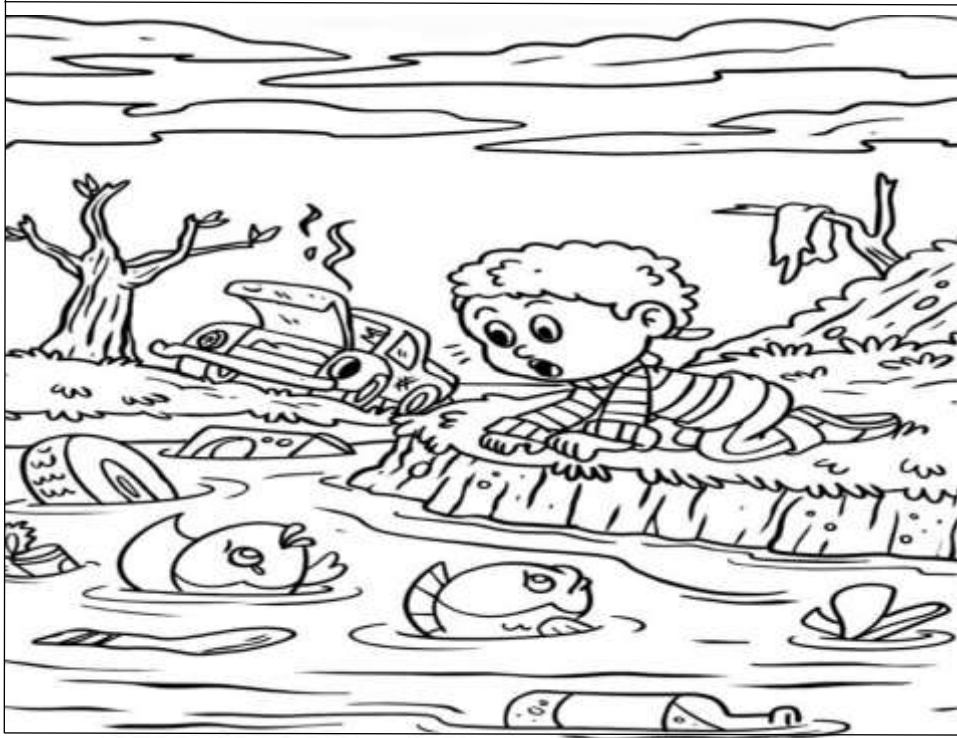
SECTION C: WRITING

(3 marks)

3. A. You recently participated in a 'Robot Making' event in your school. Participants from as many as 30 schools in the city took part in the event. Write a paragraph about the event in 100-120 words describing how many robots were made and who was awarded the first prize.

OR

B. Observe the picture and write a paragraph on it in about 100 -120 words.



SECTION D: LITERATURE (16 marks)

4. Read the given extracts and answer the questions.

(8 marks)

A. *"I come from haunts of coot and hern;
I make a sudden sally
And sparkle out among the fern,
To bicker down a valley"*

- i) What is the rhyme scheme of the above stanza?
- ii) What does it do among the fern?
- iii) What does the word, 'bicker' mean here?
- iv) Who comes from the haunts of coot and hern?

B. *"For a good cause if you are determined, you can overcome any obstacle. I will work harder than anybody, but I will do it"*

- i) Who said this to whom?
- ii) What did the person mean by being determined?
- iii) What was the good cause that the speaker spoke of?
- iv) Why would the speaker work harder than anybody?

5. Answer **any FOUR** out of five short answer questions in about 40 -50 words. (2x 4= 8)

- a) "I saw the determination on her face". Why did the writer make this remark?
- b) Why did the grandmother cry in the story '**How I Taught My Grandmother to Read**'?
- c) What are the things that can be found floating in '**The Brook**'? Brief upon it.
- d) What made the writer realize that Avva was a wonderful student?
- e) 'I make the netted sunbeam dance.' What does 'netted sunbeam' mean? How does it dance?
